

Black Belt Thesis – 1st through 3rd Degree

1. Explain why you want to become a Black Belt in Taekwon-Do, and what Black Belt means to you.
2. Describe the history of Taekwon-Do, i.e. definition, origination, founder etc.
3. List and describe the Tenets of Taekwon-Do.
4. List all belt color definitions.
5. Describe the Theory of Power, i.e. Mass, Speed, Concentration of Power, Accuracy, Reaction, Equilibrium, and Breath control. Explain how these attributes contribute to Power.
6. Describe what makes Taekwon-Do different from other Martial Arts.
7. List all Patterns that you know, including their definitions.
8. List and exactly describe in your own words 7 stances.
9. List and exactly describe in your own words 5 attacking hand techniques.
10. List and exactly describe in your own words 5 blocking hand techniques.
11. List and exactly describe in your own words 10 kicking techniques.
12. Draw Taekwon-Do in Korean Characters.
13. Describe what you think makes a good Taekwon-Do Student.
14. Describe what you think makes a good Taekwon-Do Instructor.

Submit Thesis via email to
mastermorris@mightyfist.com with all
references listed. Thesis must be submitted
before Black Belt test packet closing date